<table>
<thead>
<tr>
<th>METROWEST COMMUNITY HEALTH PROFILES</th>
<th>2017 Update</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>METROWEST HEALTH FOUNDATION</strong></td>
<td></td>
</tr>
<tr>
<td><img src="image_url" alt="Image showing various town signs" /></td>
<td></td>
</tr>
</tbody>
</table>
MetroWest Community Health Profiles

2017 UPDATE

Introduction

The Community Health Profiles report is designed to provide an overview of community health data in the 25 towns the foundation serves. These profiles are intended to serve as a resource for community members, local governments, and community nonprofit agencies in planning and program development. The report also provides valuable information to the foundation and its committees in establishing grantmaking priorities. The 2017 report is a follow-up to the 2012 report, which can be found at www.mwhealth.org/Community_Health_Profiles_Sept_2012.pdf. The data in this report is not 2017 data, but the most recent data available.

This report covers the following MetroWest communities: Ashland, Bellingham, Dover, Framingham, Franklin, Holliston, Hopedale, Hopkinton, Hudson, Marlborough, Medfield, Medway, Mendon, Milford, Millis, Natick, Needham, Norfolk, Northborough, Sherborn, Southborough, Sudbury, Wayland, Wellesley and Westborough.

Choice of Indicators

The data presented is designed to offer a broad overview of health and well-being in each town. The indicators chosen are those, for which data was available, that provide insight into the demographic make-up and issues that may merit further investigation or intervention. The profiles do not draw any conclusions about the causes of specific data points. The data cited is the most recent available.

General Trends in the Region

MetroWest is one of the healthiest regions in Massachusetts. However, there is data that points to areas of concern as well as demographic indicators with the potential to shape the future demand for health-related services. Region-wide highlights include:

- At least 10% of residents in 22 of the 25 towns are over 65;
- Uninsurance rates in Framingham, Hudson, Marlborough, and Milford are higher than the state average;
- Youth asthma rates in Framingham, Hopedale, Hudson, Marlborough, Medfield, Medway are higher than the state average;
- From 2014 to 2016, there were 186 reported opioid related deaths, with numbers rising each year, and in 2014 there were over 1,900 opioid-related hospitalizations in the 25 towns represented;
- Suicide rates in 10 of the 25 towns are above the state average.
Data Sources

Total Population; **Source:** U.S. Census Bureau, Population Estimates, 2015.

Population by Race/Ethnicity; **Source:** U.S. Census Bureau, US Census Data 2010
**Note:** Latinos may be of any race, so are also included in applicable race categories. This is why the percentages add to greater than 100% in the charts.

Population by Age; **Source:** U.S. Census Bureau, US Census Data 2010

Percent of Households below the poverty line **Source:** U.S. Census American Community Survey (ACS), 5-year estimates (2011-2015).
**Note:** A family of four was considered below the poverty line in 2015 if the household earns less than $24,250. For a complete list of household size and corresponding poverty levels go to [Dept. of Health and Human Services 2015 Poverty Guidelines](http://www.acsdatacenter.com).

Maternal and Child Health **Source:** Massachusetts Department of Public Health, MassCHIP (Massachusetts Community Health Information Profile), 1995-2013.

Substance Abuse Indicators **Source:** Massachusetts Department of Public Health, MassCHIP (Massachusetts Community Health Information Profile), 1995-2013.

Mortality; Injury Indicator **Source:** Massachusetts Department of Public Health, MassCHIP (Massachusetts Community Health Information Profile), 1995-2013.
**Note:** Homicide is only listed where there was at least one instance in the time frame.

Population Over 65 Living Alone **Source:** Massachusetts Department of Public Health, MassCHIP (Massachusetts Community Health Information Profile), 1995-2013.

Uninsured Rates **Source:** The Geography of Uninsurance in Massachusetts 2011-2015, a report of the Blue Cross Blue Shield of Massachusetts Foundation prepared by Laura Skopec and Lea Bart of the Urban Institute. Data compiled from the U.S. Census American Community Survey, 5-year estimates (2011-2015).

Opioid Related Deaths; **Source:** Massachusetts Department of Public Health, Number of Confirmed Unintentional/Undetermined Opioid-related Overdose Deaths, Posted February 2017.

Opioid Related Hospital Visits; **Source:** Massachusetts Health Policy Commission, Opioid Use
More Information

Additional data can be found on the foundation’s website or the links above:

www.mwhealth.org/Learning-Insights/Health-Data-Center

If you have questions about these data or suggestions for future updates, please contact us at info@mwhealth.org.

About the Foundation

The MetroWest Health Foundation is a catalyst for a healthy MetroWest, providing $5 million in annual financial support for preventative and responsive health programs. Through its work on issues such as adolescent health, healthy aging and access to care, the foundation seeks to develop and support programs that have a positive impact on the health of the 25 communities in the MetroWest area of Massachusetts. To date, the foundation has provided more than $54 million in financial support that helps residents and their families lead healthier lives.

For more information about the foundation, visit www.mwhealth.org.
Ashland

Total Population 17,573
Percent of households below the poverty line: 4%

**Population by Race/Ethnicity**

- White: 84.2%
- Black: 2.4%
- Asian: 8.8%
- Latino: 4.5%
- Multi-Racial: 1.9%
- Other: 2.7%

**Population by Age**

- Under 19: 26%
- 20-24: 5%
- 25-39: 19%
- 40-54: 26%
- 55-64: 13%
- 65 and Older: 11%

**Uninsured Rates**

- Total Uninsured: 1.9
- Age 0-17: 0.3
- Age 18-64: 2.4
- Age 65+: 2.6

**Mortality**

- Cancer: 119.0
- Heart Disease: 189.3

**Maternal and Child Health**

- Low Birth Weight: 9.1
- Births to Adolescent Mothers: N/A
- Received Adequate Prenatal Care: 90.9

**Asthma in K-8 Students**

- Male: 10.4
- Female: 6.6
- Total: 8.1
**SUBSTANCE ABUSE INDICATORS**

<table>
<thead>
<tr>
<th>Ashland</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions to DPH funded treatment programs</td>
<td>816.5</td>
</tr>
<tr>
<td>Injection drug user admissions to DPH funded treatment</td>
<td>1532.4</td>
</tr>
<tr>
<td>Alcohol and other drug related hospital discharges</td>
<td>187.9</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED DEATHS**

- 2014: 1
- 2015: 5
- 2016: 4

**OPIOID-RELATED HOSPITAL VISITS**

- 2014: 76

**INJURY INDICATOR**

- Motor vehicle related: 0, 5.8, 18.1
- Suicide: 9

**ASHLAND GEOGRAPHY**

- 12.8 SQUARE MILES
Bellingham

Total Population 16,891
Percent of households below the poverty line: 3%

POPULATION BY RACE/ETHNICITY

- White: 93.3%
- Black: 1.4%
- Latino: 2.4%
- Multi-Racial: 1.4%
- Asian: 2.8%
- Other: 1.0%

POPULATION BY AGE

- Under 19: 26%
- 20-24: 5%
- 25-39: 19%
- 40-54: 27%
- 55-64: 12%
- 65 and Older: 11%

UNINSURED RATES

- Total Uninsured: Bellingham 3.6, State 1.3
- Age 0-17: Bellingham 1.5, State 1.3
- Age 18-64: Bellingham 4.9, State 4.1
- Age 65+: Bellingham 0.9, State 0.4

MORTALITY

- Cancer: Bellingham 241.7, State 170.3
- Heart Disease: Bellingham 199.2, State 192.0

MATERNAL AND CHILD HEALTH

- Low Birth Weight: Bellingham 5.9, State 7.8
- Births to Adolescent Mothers: Bellingham N/A, State 5.4
- Received Adequate Prenatal Care: Bellingham 93, State 84.9

ASTHMA IN K-8 STUDENTS

- Male: Bellingham 6.6, State 3.1
- Female: Bellingham 10.6, State 4.9
- Total: Bellingham 12.4, State 10.6

POPULATION BY AGE

- Under 19: 26%
- 20-24: 5%
- 25-39: 19%
- 40-54: 27%
- 55-64: 12%
- 65 and Older: 11%

UNINSURED RATES

- Total Uninsured: Bellingham 3.6, State 1.3
- Age 0-17: Bellingham 1.5, State 1.3
- Age 18-64: Bellingham 4.9, State 4.1
- Age 65+: Bellingham 0.9, State 0.4

MORTALITY

- Cancer: Bellingham 241.7, State 170.3
- Heart Disease: Bellingham 199.2, State 192.0

MATERNAL AND CHILD HEALTH

- Low Birth Weight: Bellingham 5.9, State 7.8
- Births to Adolescent Mothers: Bellingham N/A, State 5.4
- Received Adequate Prenatal Care: Bellingham 93, State 84.9

ASTHMA IN K-8 STUDENTS

- Male: Bellingham 6.6, State 3.1
- Female: Bellingham 10.6, State 4.9
- Total: Bellingham 12.4, State 10.6

POPULATION BY RACE/ETHNICITY

- White: 93.3%
- Black: 1.4%
- Latino: 2.4%
- Multi-Racial: 1.4%
- Asian: 2.8%
- Other: 1.0%
**SUBSTANCE ABUSE INDICATORS**

- Admissions to DPH funded treatment programs: 648.2 (Bellingham) vs. 621.2 (State)
- Injection drug user admissions to DPH funded treatment: 260.6 (Bellingham) vs. 235.1 (State)
- Alcohol and other drug related hospital discharges: 344.7 (Bellingham) vs. 344.7 (State)

**OPIOID-RELATED DEATHS**

- 2014: 2
- 2015: 3
- 2016: 3

**OPIOID-RELATED HOSPITAL VISITS**

- 2014: 79

**INJURY INDICATORS**

- Motor vehicle related Suicide Rate per 100,000: 0 (Bellingham) vs. 0 (State)
- Suicide Rate per 100,000: 5.8 (Bellingham) vs. 9 (State)

**OLDER ADULTS (65+) LIVING ALONE**

- Percent of older adult population: 22.9 (Bellingham) vs. 29.8 (State)

**BELLINGHAM GEOGRAPHY**

- 18.8 SQUARE MILES
**Dover**

*Total Population 5,967*

Percent of households below the poverty line: .6%

### Population by Race/Ethnicity

- **White**: 92.3%
- **Black**: 1.0%
- **Asian**: 5.2%
- **Latino**: 1.5%
- **Multi-Racial**: 1.5%
- **Other**: 0.0%

### Population by Age

- **Under 19**: 14%
- **20-24**: 33%
- **25-39**: 27%
- **40-54**: 15%
- **55-64**: 15%
- **65 and Older**: 14%

### Uninsured Rates

- **Total Uninsured**: 1.6
- **Age 0-17**: 1.4
- **Age 18-64**: 2.2
- **Age 65+**: 4.9

### Mortality

- **Cancer**: 216.9
- **Heart Disease**: 192.0

### Maternal and Child Health

- **Low Birth Weight**: 7.8
- **Births to Adolescent Mothers**: 0.0
- **Received Adequate Prenatal Care**: 92.1

### Asthma in K-8 Students

- **Male**: 10.1
- **Female**: 7.8
- **Total**: 9.0

*Prevalence (%)*
**SUBSTANCE ABUSE INDICATORS**

- Admissions to DPH funded treatment programs: 319.5 (Dover), 1532.4 (State)
- Injection drug user admissions to DPH funded treatment: N/A (Dover), 621.2 (State)
- Alcohol and other drug related hospital discharges: 159.7 (Dover), 344.7 (State)

**OPIOID-RELATED DEATHS**

- 2014: 0
- 2015: 0
- 2016: 0

**OPIOID-RELATED HOSPITAL VISITS**

- 2014: <11

**INJURY INDICATORS**

- Motor vehicle related: 17.9 (Dover), 5.8 (State)
- Suicide: 9 (Dover), 0 (State)

**DOVER GEOGRAPHY**

15.1 SQUARE MILES
Framingham

Total Population 71,209
Percent of households below the poverty line: 11

## POPULATION BY RACE/ETHNICITY

- White, 71.9%
- Black, 5.8%
- Latino, 13.4%
- Asian, 6.3%
- Multi-Racial, 4.6%
- Other, 11.4%

## POPULATION BY AGE

- 20-24, 7%
- 25-39, 22%
- 40-54, 22%
- 55-64, 11%
- 65 and Older, 14%
- Under 19, 24%

## UNINSURED RATES

<table>
<thead>
<tr>
<th>Rate per Total Population</th>
<th>Framingham</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Uninsured</td>
<td>7.1</td>
<td>3.5</td>
</tr>
<tr>
<td>Age 0-17</td>
<td>3.6</td>
<td>3.5</td>
</tr>
<tr>
<td>Age 18-64</td>
<td>9.6</td>
<td>1.5</td>
</tr>
<tr>
<td>Age 65+</td>
<td>4.9</td>
<td>0.4</td>
</tr>
</tbody>
</table>

## MORTALITY

- Cancer: 139.9 per 100,000
- Heart Disease: 170.3 per 100,000

## MATERNAL AND CHILD HEALTH

- Low Birth Weight: 10.6%
- Births to Adolescent Mothers: 7.8%
- Received Adequate Prenatal Care: 5.4%

## ASTHMA IN K-8 STUDENTS

- Male: 15.8%
- Female: 14.4%
- Total: 13.3%
**SUBSTANCE ABUSE INDICATORS**

- Admissions to DPH funded treatment programs: Framingham 1536.9, State 1532.4
- Injection drug user admissions to DPH funded treatment: Framingham 508.7, State 621.2
- Alcohol and other drug related hospital discharges: Framingham 246.8, State 344.7

**OPIOID-RELATED DEATHS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>11</td>
</tr>
<tr>
<td>2015</td>
<td>12</td>
</tr>
<tr>
<td>2016</td>
<td>16</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED HOSPITAL VISITS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>412</td>
</tr>
</tbody>
</table>

**INJURY INDICATORS**

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motor vehicle related</td>
<td>7.3</td>
</tr>
<tr>
<td>Suicide</td>
<td>7.3</td>
</tr>
<tr>
<td>Homicide</td>
<td>1.5</td>
</tr>
<tr>
<td>OPIOID-RELATED HOSPITAL VISITS</td>
<td>Framingham</td>
</tr>
</tbody>
</table>

**OLDER ADULTS (65+) LIVING ALONE**

- Framingham: 27.5%
- State: 29.8%

**FRAMINGHAM GEOGRAPHY**

- Area: 26.5 square miles
Franklin

Total Population 33,147
Percent of households below the poverty line: 3.3%

POPULATION BY RACE/ETHNICITY

White, 92.8%
Black, 1.4%
Asian, 3.7%
Latino, 2.0%
Multi-Racial, 1.4%
Other, 0.6%

POPULATION BY AGE

196.6 170.3 152.5 192.0
Cancer Heart Disease

0.0 50.0 100.0 150.0 200.0 250.0
RATE PER 100,000

UNINSURANCE RATES

RATE PER TOTAL POPULATION

0 1 2 3 4 5 6
Total Rate Uninsured Age 0-17 Age 18-64 Age 65+

MORTALITY

MATERNAL AND CHILD HEALTH

% OF ALL BIRTHS

0 10 20 30 40 50 60 70 80 90 100
Low Birth Weight Births to Adolescent Mothers Received Adequate Prenatal Care

ASTHMA IN K-8 STUDENTS

0 2 4 6 8 10 12 14 16
Prevalence (%)

Male Female Total
Motor vehicle related Suicide Rate per 100,000

Substance Abuse Indicators

<table>
<thead>
<tr>
<th></th>
<th>Franklin</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions to DPH funded treatment programs</td>
<td>679.7</td>
<td>1532.4</td>
</tr>
<tr>
<td>Injection drug user admissions to DPH funded treatment</td>
<td>273.2</td>
<td>621.2</td>
</tr>
<tr>
<td>Alcohol and other drug related hospital discharges</td>
<td>263.4</td>
<td>344.7</td>
</tr>
</tbody>
</table>

Opioid-Related Deaths

- 2014: 4
- 2015: 7
- 2016: 5

Opioid-Related Hospital Visits

- 2014: 145

Older Adults (65+) Living Alone

<table>
<thead>
<tr>
<th></th>
<th>Franklin</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent of older adult population</td>
<td>28.3</td>
<td>29.8</td>
</tr>
</tbody>
</table>

Injury Indicators

<table>
<thead>
<tr>
<th></th>
<th>Rate per 100,000</th>
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</thead>
<tbody>
<tr>
<td>Motor vehicle related</td>
<td>3.2</td>
</tr>
<tr>
<td>Suicide</td>
<td>3.2</td>
</tr>
</tbody>
</table>

Franklin Geography

27.3 Square Miles
**Holliston**

*Total Population 14,525*
Percent of households below the poverty line: 3.9%

### POPULATION BY RACE/ETHNICITY

- **White, 94.7%**
- **Black, 0.9%**
- **Asian, 2.5%**
- **Multi-Racial, 1.8%**
- **Other, 0.8%**

### POPULATION BY AGE

- **Under 19, 29%**
- **20-24, 4%**
- **25-39, 13%**
- **40-54, 27%**
- **55-64, 14%**
- **65 and Older, 13%**

### UNINSURED RATES

<table>
<thead>
<tr>
<th></th>
<th>Holliston</th>
<th>State</th>
<th>Rate per Total Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Uninsured</td>
<td>1.3</td>
<td>N/A</td>
<td>3.6</td>
</tr>
<tr>
<td>Age 0-17</td>
<td>0.5</td>
<td>N/A</td>
<td>1.5</td>
</tr>
<tr>
<td>Age 18-64</td>
<td>2</td>
<td>N/A</td>
<td>2</td>
</tr>
<tr>
<td>Age 65+</td>
<td>0.4</td>
<td>N/A</td>
<td>0</td>
</tr>
</tbody>
</table>

### MORTALITY

- **Cancer**
  - Holliston: 207.4
  - State: 170.3
- **Heart Disease**
  - Holliston: 215.2
  - State: 192.0

### ASTHMA IN K-8 STUDENTS

<table>
<thead>
<tr>
<th></th>
<th>Holliston</th>
<th>State</th>
<th>Prevalence (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>10.3</td>
<td>14.4</td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>10.6</td>
<td>5.4</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>7.9</td>
<td>12.4</td>
<td></td>
</tr>
</tbody>
</table>
### Substance Abuse Indicators

- **Admissions to DPH funded treatment programs**: Holliston 701.4, State 1532.4
- **Injection drug user admissions to DPH funded treatment programs**: Holliston 166.3, State 621.2
- **Alcohol and other drug related hospital discharges**: Holliston 108.5, State 344.7

### Opioid-Related Deaths

- **2014**: 0
- **2015**: 3
- **2016**: 1

### Opioid-Related Hospital Visits

- **2014**: 32

### Injury Indicators

- **Motor vehicle related suicide rate per 100,000**: Holliston 5.8, State 9

### Holliston Geography

- **19 square miles**
Hopedale

Total Population 5,955
Percent of households below the poverty line: 2.3%

POPULATION BY RACE/ETHNICITY

- White, 94.5%
- Black, 0.6%
- Latino, 2.1%
- Other, 1.9%
- Multi-Racial, 1.3%
- Asian, 1.7%

POPULATION BY AGE

- Under 19, 28%
- 20-24, 4%
- 25-39, 15%
- 40-54, 28%
- 55-64, 12%
- 65 and Older, 13%

UNINSURED RATES

- Total Uninsured: 0.7
- Age 0-17: 0
- Age 18-64: 1.5
- Age 65+: 1.2

MORTALITY

- Cancer: 150.5
- Heart Disease: 170.3

MATERNAL AND CHILD HEALTH

- Low Birth Weight: 7.8
- Births to Adolescent Mothers: 5.4
- Received Adequate Prenatal Care: 95

ASTHMA IN K-8 STUDENTS

- Male: 15.5
- Female: 12.4
- Total: 14
**SUBSTANCE ABUSE INDICATORS**

<table>
<thead>
<tr>
<th></th>
<th>Hopedale</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions to DPH funded treatment programs</td>
<td>770</td>
<td>1532.4</td>
</tr>
<tr>
<td>Injection drug user admissions to DPH funded treatment</td>
<td>208.5</td>
<td>621.2</td>
</tr>
<tr>
<td>Alcohol and other drug related hospital discharges</td>
<td>160.4</td>
<td>344.7</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED DEATHS**

- 2014: 4
- 2015: 0
- 2016: 1

**OPIOID-RELATED HOSPITAL VISITS**

- 2014: 29

**INJURY INDICATORS**

<table>
<thead>
<tr>
<th></th>
<th>Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motor vehicle related</td>
<td>5.8</td>
</tr>
<tr>
<td>Suicide</td>
<td>16.9</td>
</tr>
</tbody>
</table>

**HOPEDALE GEOGRAPHY**

5.3 SQUARE MILES
Hopkinton

Total Population 16,674
Percent of households below the poverty line: 2.3%

POPULATION BY RACE/ETHNICITY

- White, 93.1%
- Black, 0.8%
- Asian, 4.4%
- Latino, 1.8%
- Multiracial, 1.2%
- Other, 0.5%

POPULATION BY AGE

- Under 19, 34%
- 20-24, 3%
- 25-39, 12%
- 40-54, 31%
- 55-64, 12%
- 65 and Older, 8%

UNINSURANCE RATES

- Total Uninsured: Hopkinton 2, State 3.6
- Age 0-17: Hopkinton 2, State 1.5
- Age 18-64: Hopkinton 2.1, State 2.1
- Age 65+: Hopkinton 1.1, State 0.4

MORTALITY

- Cancer: Hopkinton 141.8, State 170.3
- Heart Disease: Hopkinton 143.4, State 192.0

MATERNAL AND CHILD HEALTH

- Low Birth Weight: Hopkinton 6.7, State 7.8
- Births to Adolescent Mothers: Hopkinton 0.0, State 5.4
- Received Adequate Prenatal Care: Hopkinton 94.1, State 84.9

ASTHMA IN K-8 STUDENTS

- Male: Hopkinton 13.4, State 14.4
- Female: Hopkinton 9.1, State 10.6
- Total: Hopkinton 11.2, State 12.4
**SUBSTANCE ABUSE INDICATORS**

![Graph showing substance abuse indicators for Hopkinton and State.]

**INJURY INDICATORS**

![Graph showing injury indicators for Hopkinton and State.]

**OPIOID-RELATED DEATHS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>3</td>
</tr>
<tr>
<td>2015</td>
<td>3</td>
</tr>
<tr>
<td>2016</td>
<td>0</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED HOSPITAL VISITS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>50</td>
</tr>
</tbody>
</table>

**OLDER ADULTS (65+) LIVING ALONE**

<table>
<thead>
<tr>
<th>Location</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hopkinton</td>
<td>26.2</td>
</tr>
<tr>
<td>State</td>
<td>29.8</td>
</tr>
</tbody>
</table>

**HOPKINTON GEOGRAPHY**

28.0 SQUARE MILES
Hudson

Total Population 19,864
Percent of households below the poverty line: 6%

**POPULATION BY RACE/ETHNICITY**

- White, 91.7%
- Black, 1.5%
- Asian, 2.3%
- Latino, 4.3%
- Multi-Racial, 2.1%
- Other, 2.4%

**POPULATION BY AGE**

- Under 19, 25%
- 20-24, 5%
- 25-39, 19%
- 40-54, 24%
- 55-64, 13%
- 65 and Older, 14%

**UNINSURED RATES**

- Total Uninsured: 3.9, 3.6
- Age 0-17: 1.5
- Age 18-64: 5.1
- Age 65+: 0.4

**MORTALITY**

- Cancer: 15.6, 170.3, 16.3
- Heart Disease: 139.0, 192.0

**MATERNAL AND CHILD HEALTH**

- Low Birth Weight: 12.9, 7.8
- Births to Adolescent Mothers: N/A, 5.4
- Received Adequate Prenatal Care: 83, 84.9

**ASTHMA IN K-8 STUDENTS**

- Male: 16.3, 14.4
- Female: 10.7, 10.6
- Total: 13.6, 12.4
SUBSTANCE ABUSE INDICATORS

Admissions to DPH funded treatment programs
Injection drug user admissions to DPH funded treatment
Alcohol and other drug related hospital discharges

Hudson State

OPIOID-RELATED DEATHS

<table>
<thead>
<tr>
<th>Year</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>1</td>
</tr>
<tr>
<td>2015</td>
<td>6</td>
</tr>
<tr>
<td>2016</td>
<td>2</td>
</tr>
</tbody>
</table>

OPIOID-RELATED HOSPITAL VISITS

2014 100

INJURY INDICATORS

Motor vehicle related
Suicide
Homicide

RATES PER 100,000

Hudson State

Older Adults (65+) Living Alone

Percent of older adult population

Hudson State

Hudson State

HUDSON GEOGRAPHY

11.9 SQUARE MILES
Marlborough

Total Population 39,818
Percent of households below the poverty line: 7.3%
Medfield

Total Population 12,718
Percent of households below the poverty line: 3.7%

POPULATION BY RACE/ETHNICITY

- White, 95.1%
- Black, 0.6%
- Asian, 2.7%
- Latino, 1.5%
- Multi-Racial, 1.2%
- Other, 0.4%

POPULATION BY AGE

- Under 19, 33%
- 20-24, 25-39, 10%
- 40-54, 30%
- 55-64, 13%
- 65 and Older, 11%

UNINSURED RATES

- Total Uninsured: 0.4
- Age 0-17: 0.2
- Age 18-64: 0.6
- Age 65+: 0.4

MORTALITY

- Cancer: 155.4
- Heart Disease: 192.0

MATERNAL AND CHILD HEALTH

- Low Birth Weight: 10.6
- Births to Adolescent Mothers: N/A
- Received Adequate Prenatal Care: 91.3

ASTHMA IN K-8 STUDENTS

- Male: 18.9
- Female: 14.4
- Total: 14.3
- Male: 10.3
- Female: 10.6
- Total: 12.4
**Medfield Geography**

14.4 square miles

**Substance Abuse Indicators**

<table>
<thead>
<tr>
<th></th>
<th>Medfield</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions to DPH funded treatment programs</td>
<td>348.8</td>
<td>N/A</td>
</tr>
<tr>
<td>Injection drug user admissions to DPH funded treatment</td>
<td>621.2</td>
<td>162.2</td>
</tr>
<tr>
<td>Alcohol and other drug related hospital discharges</td>
<td>344.7</td>
<td>162.2</td>
</tr>
</tbody>
</table>

**Opioid-Related Deaths**

<table>
<thead>
<tr>
<th>Year</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>0</td>
</tr>
<tr>
<td>2015</td>
<td>0</td>
</tr>
<tr>
<td>2016</td>
<td>1</td>
</tr>
</tbody>
</table>

**Opioid-Related Hospital Visits**

<table>
<thead>
<tr>
<th>Year</th>
<th>Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>16</td>
</tr>
</tbody>
</table>

**Injury Indicators**

<table>
<thead>
<tr>
<th></th>
<th>Medfield</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motor vehicle related</td>
<td>8.3</td>
<td>5.8</td>
</tr>
<tr>
<td>Suicide</td>
<td>9</td>
<td>0</td>
</tr>
</tbody>
</table>

**Older Adults (65+) Living Alone**

<table>
<thead>
<tr>
<th></th>
<th>Medfield</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent of older adults living alone</td>
<td>23.3</td>
<td>29.8</td>
</tr>
</tbody>
</table>
**Medway**

*Total Population 13,253*

Percent of households below the poverty line: 3.1%

---

**POPULATION BY RACE/ETHNICITY**

- White, 95.0%
- Black, 1.0%
- Asian, 2.2%
- Latino, 2.0%
- Multi-Racial, 1.3%
- Other, 0.5%

---

**POPULATION BY AGE**

- Under 19, 30%
- 20-24, 4%
- 25-39, 13%
- 40-54, 30%
- 55-64, 12%
- 65 and Older, 11%

---

**UNINSURED RATES**

- Total Uninsured: 1.5
- Age 0-17: 0.6
- Age 18-64: 2.1
- Age 65+: 0.4

---

**MORTALITY**

- Cancer: 16.3, 136.6, 200.0
- Heart Disease: 170.3, 143.1, 192.0

---

**MATERNAL AND CHILD HEALTH**

- Low Birth Weight: 7.5, 7.8
- Births to Adolescent Mothers: N/A
- Received Adequate Prenatal Care: 91.7, 84.9

---

**ASTHMA IN K-8 STUDENTS**

- Male: 16.3, 14.4
- Female: 10.2, 10.6
- Total: 13.4, 12.4
**MEDWAY GEOGRAPHY**

11.6 SQUARE MILES

**SUBSTANCE ABUSE INDICATORS**

<table>
<thead>
<tr>
<th></th>
<th>Medway</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions to DPH funded treatment programs</td>
<td>680.8</td>
<td>1532.4</td>
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<tr>
<td>Injection drug user admissions to DPH funded treatment</td>
<td>156.5</td>
<td>621.2</td>
</tr>
<tr>
<td>Alcohol and other drug related hospital discharges</td>
<td>234.7</td>
<td>344.7</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED DEATHS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>0</td>
</tr>
<tr>
<td>2015</td>
<td>1</td>
</tr>
<tr>
<td>2016</td>
<td>3</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED HOSPITAL VISITS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>54</td>
</tr>
</tbody>
</table>

**OLDER ADULTS (65+) LIVING ALONE**

<table>
<thead>
<tr>
<th></th>
<th>Medway</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent of older adult population</td>
<td>26.1</td>
<td>29.8</td>
</tr>
</tbody>
</table>

**INJURY INDICATORS**

<table>
<thead>
<tr>
<th></th>
<th>Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motor vehicle related</td>
<td>0.0</td>
</tr>
<tr>
<td>Suicide</td>
<td>15.7</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motor vehicle related</td>
<td>0.0</td>
</tr>
<tr>
<td>Suicide</td>
<td>9.0</td>
</tr>
</tbody>
</table>
Mendon

Total Population 6,024
Percent of households below the poverty line: 1.7%

**POPULATION BY RACE/ETHNICITY**

- White, 97.2%
- Black, 0.4%
- Asian, 1.0%
- Latino, 1.3%
- Multi-Racial, 0.9%
- Other, 0.5%

**POPULATION BY AGE**

- Under 19, 30%
- 20-24, 12%
- 25-39, 4%
- 40-54, 30%
- 55-64, 13%

**UNINSURED RATES**

- Total Uninsured: 1.9%
- Age 0-17: 2.6%
- Age 18-64: 4.9%
- Age 65+: 0.4%

**MORTALITY**

- Cancer: 107.1
- Heart Disease: 255.8

**MATERNAL AND CHILD HEALTH**

- Low Birth Weight: 7.8%
- Births to Adolescent Mothers: 0%
- Received Adequate Prenatal Care: 95.2%

**ASTHMA IN K-8 STUDENTS**

- Male: 10.6%
- Female: 14.4%
- Total: 12.8%
Motor vehicle related Suicide RATE PER 100,000

Substance Abuse Indicators

Opioid-Related Deaths

2014 0
2015 1
2016 0

Opioid-Related Hospital Visits

2014 18

Older Adults (65+) Living Alone

Percent of older adult population

Mendon 25.3
State 29.8

Injury Indicators

Mendon 5.8
State 9

Mendon Geography

18.1 Square Miles
Milford

Total Population 28,614
Percent of households below the poverty line: 11.2%

POPULATION BY RACE/ETHNICITY

- White, 87.1%
- Black, 2.2%
- Asian, 2.4%
- Latino, 8.3%
- Multi-Racial, 2.7%
- Other, 5.6%

POPULATION BY AGE

- Under 19, 25%
- 20-24, 6%
- 25-39, 21%
- 40-54, 23%
- 55-64, 12%
- 65 and Older, 13%

UNINSURED RATES

- Total Uninsured: 4.9
- Age 0-17: 3.6
- Age 18-64: 2.9
- Age 65+: 1.5

MORTALITY

- Cancer: Milford 130.4, State 193.5
- Heart Disease: Milford 192.0, State 193.5

MATERNAL AND CHILD HEALTH

- Low Birth Weight
  - Milford: 4.5
  - State: 7.8
- Births to Adolescent Mothers
  - Milford: 2.9
  - State: 5.4
- Received Adequate Prenatal Care
  - Milford: 87
  - State: 84.9

ASTHMA IN K-8 STUDENTS

- Male: Milford 10.9, State 9.2
- Female: Milford 10.6, State 10.2
- Total: Milford 12.4, State 10.2
Millis

Total Population 8,169
Percent of households below the poverty line: 6.8%

POPULATION BY RACE/ETHNICITY

White, 94.2%
Black, 0.8%
Asian, 3.0%
Latino, 1.7%
Multi-Racial, 1.3%
Other, 0.7%

UNINSURED RATES

Rate per total population

<table>
<thead>
<tr>
<th>Category</th>
<th>Millis</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Uninsured</td>
<td>3.0</td>
<td>N/A</td>
</tr>
<tr>
<td>Age 0-17</td>
<td>3.6</td>
<td>N/A</td>
</tr>
<tr>
<td>Age 18-64</td>
<td>4.4</td>
<td>4.9</td>
</tr>
<tr>
<td>Age 65+</td>
<td>1.7</td>
<td>0.4</td>
</tr>
</tbody>
</table>

POPULATION BY AGE

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Millis</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 19</td>
<td>27%</td>
<td>27%</td>
</tr>
<tr>
<td>20-24</td>
<td>16%</td>
<td>16%</td>
</tr>
<tr>
<td>25-39</td>
<td>14%</td>
<td>14%</td>
</tr>
<tr>
<td>40-54</td>
<td>27%</td>
<td>27%</td>
</tr>
<tr>
<td>55-64</td>
<td>14%</td>
<td>14%</td>
</tr>
<tr>
<td>65 and Older</td>
<td>12%</td>
<td>12%</td>
</tr>
</tbody>
</table>

MORTALITY

Rate per 100,000

<table>
<thead>
<tr>
<th>Cause</th>
<th>Millis</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>162.4</td>
<td>170.3</td>
</tr>
<tr>
<td>Heart Disease</td>
<td>152.0</td>
<td>192.0</td>
</tr>
</tbody>
</table>

MATERNAL AND CHILD HEALTH

% of all births

<table>
<thead>
<tr>
<th>Metric</th>
<th>Millis</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Birth Weight</td>
<td>0.0</td>
<td>N/A</td>
</tr>
<tr>
<td>Births to adolescent mothers</td>
<td>7.8</td>
<td>5.4</td>
</tr>
<tr>
<td>Received adequate prenatal care</td>
<td>90.5</td>
<td>84.9</td>
</tr>
</tbody>
</table>

ASTHMA IN K-8 STUDENTS

Prevalence (%)

<table>
<thead>
<tr>
<th>Gender</th>
<th>Millis</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>12.6</td>
<td>14.4</td>
</tr>
<tr>
<td>Female</td>
<td>9.7</td>
<td>10.6</td>
</tr>
<tr>
<td>Total</td>
<td>11.3</td>
<td>12.4</td>
</tr>
</tbody>
</table>
**Natick**

*Total Population 36,262*

Percent of households below the poverty line: 4.1%

---

**POPULATION BY RACE/ETHNICITY**

- **White, 87.3%**
- **Black, 2.1%**
- **Asian, 7.2%**
- **Latino, 3.0%**
- **Multi-Racial, 2.0%**
- **Other, 1.4%**

---

**POPULATION BY AGE**

- **Under 19, 25%**
- **20-24, 4%**
- **25-39, 19%**
- **40-54, 25%**
- **55-64, 13%**
- **65 and Older, 14%**

---

**UNINSURED RATES**

- **Total Uninsured, 1.2**
- **Age 0-17, 0.0**
- **Age 18-64, 1.9**
- **Age 65+, 0.4**

---

**MORTALITY**

- **Cancer, 131.8**
- **Heart Disease, 209.2**

---

**MATERNAL AND CHILD HEALTH**

- **Low Birth Weight, 6.9**
- **Births to Adolescent Mothers, N/A**
- **Received Adequate Prenatal Care, 90.8**

---

**ASTHMA IN K-8 STUDENTS**

- **Male, 15.5**
- **Female, 9.5**
- **Total, 12.3**
Motor vehicle related Suicide RATE PER 100,000

NATICK GEOGRAPHY
16.1 SQUARE MILES

SUBSTANCE ABUSE INDICATORS

Admissions to DPH funded treatment programs 567.5
Injection drug user admissions to DPH funded treatment 125.4
Alcohol and other drug related hospital discharges 247.7

Natick  State

OPIOID-RELATED DEATHS

2014  7
2015  4
2016  3

OPIOID-RELATED HOSPITAL VISITS

2014  189

Older Adults (65+) Living Alone

Percent of older adult population

Natick  27.9
State  29.8

Natick  State

INJURY INDICATORS

Motor vehicle related  12.1
Suicide  9.1

Natick  State

OPIOID-RELATED DEATHS

2014  7
2015  4
2016  3

OPIOID-RELATED HOSPITAL VISITS

2014  189

Older Adults (65+) Living Alone

Percent of older adult population

Natick  27.9
State  29.8

Natick  State

INJURY INDICATORS

Motor vehicle related  12.1
Suicide  9.1

Natick  State
Needham
Total Population 30,564
Percent of households below the poverty line: 3.4%

POPULATION BY RACE/ETHNICITY
- White, 90.8%
- Black, 1.0%
- Latino, 2.1%
- Asian, 6.1%
- Other, 0.5%
- Multi-Racial, 1.6%

UNINSURED RATES
- Total Uninsured: Needham 1.2, State N/A
- Age 0-17: Needham 0.3, State N/A
- Age 18-64: Needham 1.9, State N/A
- Age 65+: Needham 0.2, State 0.4

MORTALITY
- Cancer: Needham 124.1, State 170.3
- Heart Disease: Needham 153.6, State 192.0

MATERNAL AND CHILD HEALTH
- Low Birth Weight
  - Needham: 6.4%
  - State: 7.8%
- Births to Adolescent Mothers: Needham 5.4%
- Received Adequate Prenatal Care: Needham 92.1%
  - State: 84.9%

ASTHMA IN K-8 STUDENTS
- Male: Needham 11.3%, State 14.4%
- Female: Needham 9.2%, State 10.6%
- Total: Needham 10.3%, State 12.4%
OPIOID-RELATED DEATHS

<table>
<thead>
<tr>
<th>Year</th>
<th>Needham</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2015</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>2016</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

OPIOID-RELATED HOSPITAL VISITS

<table>
<thead>
<tr>
<th>Year</th>
<th>Needham</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>69</td>
<td>0</td>
</tr>
</tbody>
</table>

SUBSTANCE ABUSE INDICATORS

- Admissions to DPH funded treatment programs
  - Needham: 298.8
  - State: 1532.4
- Injection drug user admissions to DPH funded treatment
  - Needham: 70.3
  - State: 621.2
- Alcohol and other drug related hospital discharges
  - Needham: 147.7
  - State: 344.7

INJURY INDICATORS

- Motor vehicle related
  - Needham: 0
  - State: 5.8
- Suicide
  - Needham: 0
  - State: 9

NEEDHAM GEOGRAPHY

12.7 SQUARE MILES

Older Adults (65+) Living Alone

- Needham: 28.5%
- State: 29.8%

Percent of older adult population

- Needham
- State
Norfolk

Total Population 11,908
Percent of households below the poverty line: 4%

POPULATION BY RACE/ETHNICITY

- White, 89.3%
- Black, 6.4%
- Asian, 1.5%
- Latino, 7.1%
- Other, 2.0%
- Multi-Racial, 0.8%

POPULATION BY AGE

- Under 19, 25%
- 20-24, 4%
- 25-39, 18%
- 40-54, 31%
- 55-64, 14%
- 65 and Older, 8%

UNINSURED RATES

- Total Uninsured: 1.4
- Age 0-17: 3.6
- Age 18-64: 4.9
- Age 65+: 0.4

MORTALITY

- Cancer: 127.6
- Heart Disease: 301.2

MATERNAL AND CHILD HEALTH

- Low Birth Weight: N/A
- Births to Adolescent Mothers: 7.8
- Received Adequate Prenatal Care: 88.9

ASTHMA IN K-8 STUDENTS

- Male: 12.4
- Female: 10.6
- Total: 12.4
**NORFOLK GEOGRAPHY**

15.4 SQUARE MILES

**SUBSTANCE ABUSE INDICATORS**

- Admissions to DPH funded treatment programs
- Injection drug user admissions to DPH funded treatment
- Alcohol and other drug related hospital discharges

<table>
<thead>
<tr>
<th></th>
<th>Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Norfolk</td>
<td>State</td>
</tr>
<tr>
<td>647.3</td>
<td>1532.4</td>
</tr>
<tr>
<td>209.4</td>
<td>621.2</td>
</tr>
<tr>
<td>285.6</td>
<td>344.7</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED DEATHS**

- 2014: 1
- 2015: 1
- 2016: 4

**OPIOID-RELATED HOSPITAL VISITS**

- 2014: 52

**INJURY INDICATORS**

- Motor vehicle related: Norfolk 5.8, State 17.8
- Suicide: Norfolk 9, State 0

**OLDER ADULTS (65+) LIVING ALONE**

- Norfolk: 21.8
- State: 29.8
Northborough

Total Population 15,042
Percent of households below the poverty line: 3.1%

POPULATION BY RACE/ETHNICITY

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Northborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>9,342</td>
<td>N/A</td>
</tr>
<tr>
<td>Black, 1.0%</td>
<td>150</td>
<td>10</td>
</tr>
<tr>
<td>Latino, 2.7%</td>
<td>390</td>
<td>20</td>
</tr>
<tr>
<td>Asian, 8.2%</td>
<td>1,210</td>
<td>80</td>
</tr>
<tr>
<td>Multi-Racial, 2.1%</td>
<td>236</td>
<td>15</td>
</tr>
<tr>
<td>Other, 1.1%</td>
<td>185</td>
<td>12</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>11,693</td>
<td>997</td>
</tr>
</tbody>
</table>

POPULATION BY AGE

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Northborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 19, 28%</td>
<td>3,420</td>
<td>284</td>
</tr>
<tr>
<td>20-24, 4%</td>
<td>3,870</td>
<td>318</td>
</tr>
<tr>
<td>25-39, 14%</td>
<td>3,420</td>
<td>284</td>
</tr>
<tr>
<td>40-54, 28%</td>
<td>2,720</td>
<td>220</td>
</tr>
<tr>
<td>55-64, 13%</td>
<td>1,380</td>
<td>114</td>
</tr>
<tr>
<td>65 and Older, 13%</td>
<td>570</td>
<td>47</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>11,693</td>
<td>997</td>
</tr>
</tbody>
</table>

UNINSURED RATES

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Northborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Uninsured</td>
<td>15.1%</td>
<td>12.0%</td>
</tr>
<tr>
<td>Age 0-17</td>
<td>1.5%</td>
<td>1.2%</td>
</tr>
<tr>
<td>Age 18-64</td>
<td>1.2%</td>
<td>N/A</td>
</tr>
<tr>
<td>Age 65+</td>
<td>0.4%</td>
<td>0.1%</td>
</tr>
</tbody>
</table>

MORTALITY

<table>
<thead>
<tr>
<th>Condition</th>
<th>Northborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>131.6</td>
<td>170.3</td>
</tr>
<tr>
<td>Heart Disease</td>
<td>143.7</td>
<td>192.0</td>
</tr>
</tbody>
</table>

MATERNAL AND CHILD HEALTH

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Northborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Birth Weight</td>
<td>11.6%</td>
<td>10.5%</td>
</tr>
<tr>
<td>Births to Adolescent Mothers</td>
<td>7.8%</td>
<td>7.4%</td>
</tr>
<tr>
<td>Received Adequate Prenatal Care</td>
<td>57.1%</td>
<td>84.9%</td>
</tr>
</tbody>
</table>

ASTHMA IN K-8 STUDENTS

<table>
<thead>
<tr>
<th>Gender</th>
<th>Northborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>10.5%</td>
<td>14.4%</td>
</tr>
<tr>
<td>Female</td>
<td>10.6%</td>
<td>10.6%</td>
</tr>
<tr>
<td>Total</td>
<td>12.4%</td>
<td>12.4%</td>
</tr>
</tbody>
</table>
### Substance Abuse Indicators

<table>
<thead>
<tr>
<th></th>
<th>Northborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions to DPH funded treatment programs</td>
<td>586.9</td>
<td>1532.4</td>
</tr>
<tr>
<td>Injection drug user admissions to DPH funded treatment</td>
<td>136.5</td>
<td>621.2</td>
</tr>
<tr>
<td>Alcohol and other drug related hospital discharges</td>
<td>81.9</td>
<td>344.7</td>
</tr>
</tbody>
</table>

### Opioid-Related Deaths

<table>
<thead>
<tr>
<th>Year</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>0</td>
</tr>
<tr>
<td>2015</td>
<td>0</td>
</tr>
<tr>
<td>2016</td>
<td>1</td>
</tr>
</tbody>
</table>

### Opioid-Related Hospital Visits

<table>
<thead>
<tr>
<th>Year</th>
<th>Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>37</td>
</tr>
</tbody>
</table>

### Injury Indicators

<table>
<thead>
<tr>
<th></th>
<th>Rate per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motor vehicle related</td>
<td>0</td>
</tr>
<tr>
<td>Suicide</td>
<td>14.1</td>
</tr>
</tbody>
</table>

### Northborough Geography

18.8 square miles
Sherborn

Total Population 4,245
Percent of households below the poverty line: 1.3%

POPULATION BY RACE/ETHNICITY
- White, 94.4%
- Black, 0.4%
- Asian, 3.3%
- Latino, 1.4%
- Multi-Racial, 1.4%
- Other, 0.5%

POPULATION BY AGE
- Under 19, 31%
- 20-24, 7%
- 25-39, 3%
- 40-54, 29%
- 55-64, 16%
- 65 and Older, 14%

UNINSURED RATES
- Total Uninsured: Sherborn 1.6, State 3.6
- Age 0-17: Sherborn 0.6, State 1.5
- Age 18-64: Sherborn 2.6, State 4.9
- Age 65+: Sherborn 0.0, State 0.4

MATERNAL AND CHILD HEALTH
- Low Birth Weight: Sherborn 18.8, State 7.8
- Births to Adolescent Mothers: Sherborn 0, State 5.4
- Received Adequate Prenatal Care: Sherborn 96.9, State 84.9

MORTALITY
- Cancer: Sherborn 40.4, State 170.3
- Heart Disease: Sherborn 123.1, State 192.0

ASTHMA IN K-8 STUDENTS
- Male: Sherborn 13.7, State 14.4
- Female: Sherborn 4.7, State 10.6
- Total: Sherborn 9.7, State 12.4
Southborough

Total Population 10,038
Percent of households below the poverty line: 3.5%

POPULATION BY RACE/ETHNICITY

White, 88.1%
Asian, 8.3%
Black, 0.9%
Latino, 2.8%
Multi-Racial, 1.8%
Other, 0.9%

UNINSURED RATES

<table>
<thead>
<tr>
<th>Category</th>
<th>Rate Per Total Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Uninsured</td>
<td>1.3</td>
</tr>
<tr>
<td>Age 0-17</td>
<td>3.6</td>
</tr>
<tr>
<td>Age 18-64</td>
<td>1.5</td>
</tr>
<tr>
<td>Age 65+</td>
<td>1.8</td>
</tr>
</tbody>
</table>

MORTALITY

<table>
<thead>
<tr>
<th>Disease</th>
<th>Rate Per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td>201.2</td>
</tr>
<tr>
<td>Heart Disease</td>
<td>170.3</td>
</tr>
<tr>
<td>Total</td>
<td>140.0</td>
</tr>
</tbody>
</table>

MATERNAL AND CHILD HEALTH

<table>
<thead>
<tr>
<th>Category</th>
<th>% of All Births</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Birth Weight</td>
<td>7.8</td>
</tr>
<tr>
<td>Births to Adolescent Mothers</td>
<td>0</td>
</tr>
<tr>
<td>Received Adequate Prenatal Care</td>
<td>93.7</td>
</tr>
</tbody>
</table>

ASTHMA IN K-8 STUDENTS

<table>
<thead>
<tr>
<th>Gender</th>
<th>Prevalence (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>11.8</td>
</tr>
<tr>
<td>Female</td>
<td>10.6</td>
</tr>
<tr>
<td>Total</td>
<td>12.4</td>
</tr>
</tbody>
</table>
**SUBSTANCE ABUSE INDICATORS**

![Bar chart showing substance abuse indicators for Admissions to DPH funded treatment programs, Injection drug user admissions to DPH funded treatment, and Alcohol and other drug related hospital discharges for Southborough and State.]

<table>
<thead>
<tr>
<th>Year</th>
<th>Southborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>1532.4</td>
<td>851.7</td>
</tr>
<tr>
<td>2015</td>
<td>621.2</td>
<td>157.7</td>
</tr>
<tr>
<td>2016</td>
<td>136.7</td>
<td>344.7</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED DEATHS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>0</td>
</tr>
<tr>
<td>2015</td>
<td>0</td>
</tr>
<tr>
<td>2016</td>
<td>1</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED HOSPITAL VISITS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>23</td>
</tr>
</tbody>
</table>

**Older Adults (65+) Living Alone**

![Bar chart showing percentage of older adults living alone for Southborough and State.]

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Southborough</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>22.7</td>
<td>29.8</td>
<td></td>
</tr>
</tbody>
</table>

**SOUTHBOROUGH GEOGRAPHY**

15.5 SQUARE MILES

**INJURY INDICATORS**

![Bar chart showing injury indicators for Motor vehicle related and Suicide for Southborough and State.]

<table>
<thead>
<tr>
<th>Category</th>
<th>Rate PER 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motor vehicle</td>
<td>5.8</td>
</tr>
<tr>
<td>Suicide</td>
<td>10.2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year</th>
<th>Motor vehicle</th>
<th>Suicide</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>0</td>
<td>9</td>
</tr>
<tr>
<td>2015</td>
<td>0</td>
<td>9</td>
</tr>
<tr>
<td>2016</td>
<td>0</td>
<td>9</td>
</tr>
</tbody>
</table>
Sudbury
Total Population 18,874
Percent of households below the poverty line: 1.6%

POPULATION BY RACE/ETHNICITY
- White, 90.8%
- Asian, 5.9%
- Black, 0.8%
- Latino, 2.0%
- Multi-Racial, 1.8%
- Other, 0.7%

POPULATION BY AGE
- Under 19, 34%
- 20-24, 10%
- 25-39, 2%
- 40-54, 29%
- 55-64, 13%
- 65 and Older, 12%

UNINSURED RATES
- Total Uninsured: 0.1%
- Age 0-17: 0%
- Age 18-64: 0.2%
- Age 65+: 0.4%

MORTALITY
- Cancer: 103.0 per 100,000
- Heart Disease: 188.0 per 100,000

MATERNAL AND CHILD HEALTH
- Low Birth Weight: 8.8%
- Other before Age 17: 7.8%
- Births to Adolescent Mothers: 5.4%
- Received Adequate Prenatal Care: 90.4%

ASTHMA IN K-8 STUDENTS
- Male: 12%
- Female: 10.6%
- Total: 10.1%
SUDBURY GEOGRAPHY
24.7 SQUARE MILES
**Wayland**

*Total Population 13,684*

Percent of households below the poverty line: 4.6%

---

**POPULATION BY RACE/ETHNICITY**

- **White, 87.2%**
- **Black, 0.9%**
- **Asian, 9.9%**
- **Latino, 2.4%**
- **Multi-Racial, 1.6%**
- **Other, 0.4%**

---

**POPULATION BY AGE**

- **25-39, 11%**
- **40-54, 26%**
- **55-64, 15%**
- **65 and Older, 16%**
- **Under 19, 29%**

---

**UNINSURED RATES**

- **Total Uninsured**: Wayland 3.6, State 4.9
- **Age 0-17**: Wayland 0.4, State 0.3
- **Age 18-64**: Wayland 1.5, State 0.5
- **Age 65+**: Wayland 0.4, State 0.4

---

**MORTALITY**

- **Cancer**: Wayland 133.6, State 170.3
- **Heart Disease**: Wayland 156.5, State 192.0

---

**MATERNAL AND CHILD HEALTH**

- **Low Birth Weight**: Wayland 7.8, State N/A
- **Births to Adolescent Mothers**: Wayland 5.4, State N/A
- **Received Adequate Prenatal Care**: Wayland 91.9, State 84.9

---

**ASTHMA IN K-8 STUDENTS**

- **Prevalence (%)**
  - Male: Wayland 11.3, State 14.4
  - Female: Wayland 8.3, State 10.6
  - Total: Wayland 10.1, State 12.4
**SUBSTANCE ABUSE INDICATORS**

- Admissions to DPH funded treatment programs: Wayland 284.3, State N/A
- Injection drug user admissions to DPH funded treatment: Wayland 621.2
- Alcohol and other drug related hospital discharges: Wayland 153.7, State 344.7

**OPIOID-RELATED DEATHS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>1</td>
</tr>
<tr>
<td>2015</td>
<td>1</td>
</tr>
<tr>
<td>2016</td>
<td>2</td>
</tr>
</tbody>
</table>

**OPIOID-RELATED HOSPITAL VISITS**

<table>
<thead>
<tr>
<th>Year</th>
<th>Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>17</td>
</tr>
</tbody>
</table>

**INJURY INDICATORS**

- Motor vehicle related: Wayland 0, State 5.8
- Suicide: Wayland 0, State 7.7

**OLDER ADULTS (65+) LIVING ALONE**

- Wayland: 18.8%
- State: 29.8%

**WAYLAND GEOGRAPHY**

15.9 SQUARE MILES
Wellesley
Total Population 29,000
Percent of households below the poverty line: 3.5%

POPULATION BY RACE/ETHNICITY
- White, 85.1%
- Black, 2.0%
- Asian, 9.8%
- Latino, 3.6%
- Multi-Racial, 2.1%
- Other, 1.0%

POPULATION BY AGE
- 65 and Older, 14%
- 55-64, 12%
- 40-54, 22%
- 25-39, 10%
- 20-24, 9%
- Under 19, 33%

UNINSURED RATES
- Total Uninsured: Wellesley 1.2, State 3.6
- Age 0-17: Wellesley 0.6, State 1.5
- Age 18-64: Wellesley 1.7, State 4.9
- Age 65+: Wellesley 0.3, State 0.4

MORTALITY
- Cancer: Wellesley 138.5, State 170.3
- Heart Disease: Wellesley 192.0, State 95.1

MATERNAL AND CHILD HEALTH
- Low Birth Weight: Wellesley 6.3, State 7.8
- Births to Adolescent Mothers: Wellesley 0, State 5.4
- Received Adequate Prenatal Care: Wellesley 91.2, State 84.9

ASTHMA IN K-8 STUDENTS
- Male: Wellesley 12.2, State 14.4
- Female: Wellesley 8.9, State 10.6
- Total: Wellesley 10.6, State 12.4
**SUBSTANCE ABUSE INDICATORS**

- Admissions to DPH funded treatment programs: Wellesley 237.7, State 63.
- Injection drug user admissions to DPH funded treatment: Wellesley 1532.4, State 621.2.
- Alcohol and other drug related hospital discharges: Wellesley 122.3, State 344.7.

**INJURY INDICATORS**

- Suicide Rate: Wellesley 3.6, State 5.8.

**WELLESLEY GEOGRAPHY**

- Area: 10.5 square miles.

**OPIOID-RELATED DEATHS**

- 2014: 0
- 2015: 2
- 2016: 1

**OPIOID-RELATED HOSPITAL VISITS**

- 2014: 16
Westborough
Total Population 18,934
Percent of households below the poverty line: 4.3%

**POPULATION BY RACE/ETHNICITY**
- White, 77.4%
- Asian, 17.4%
- Black, 1.5%
- Latino, 3.9%
- Multi-Racial, 1.9%
- Other, 1.8%

**POPULATION BY AGE**
- Under 19, 28%
- 20-24, 4%
- 25-39, 19%
- 40-54, 25%
- 55-64, 11%
- 65 and Older, 13%

**UNINSURED RATES**

<table>
<thead>
<tr>
<th>Total Uninsured</th>
<th>Age 0-17</th>
<th>Age 18-64</th>
<th>Age 65+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Westborough</td>
<td>2.7</td>
<td>3.6</td>
<td>0.3</td>
</tr>
<tr>
<td>State</td>
<td>N/A</td>
<td>0.15</td>
<td>0.0</td>
</tr>
</tbody>
</table>

**MORTALITY**

<table>
<thead>
<tr>
<th>Cancer</th>
<th>Heart Disease</th>
</tr>
</thead>
<tbody>
<tr>
<td>Westborough</td>
<td>State</td>
</tr>
<tr>
<td>111.2</td>
<td>192.0</td>
</tr>
<tr>
<td>180.0</td>
<td>170.3</td>
</tr>
</tbody>
</table>

**MATERNAL AND CHILD HEALTH**

<table>
<thead>
<tr>
<th>Low Birth Weight</th>
<th>Births to Adolescent Mothers</th>
<th>Received Adequate Prenatal Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Westborough</td>
<td>State</td>
<td>Westborough</td>
</tr>
<tr>
<td>7.8</td>
<td>5.4</td>
<td>81.7</td>
</tr>
</tbody>
</table>

**ASTHMA IN K-8 STUDENTS**

<table>
<thead>
<tr>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>13.6</td>
<td>8.7</td>
<td>11.2</td>
</tr>
<tr>
<td>14.4</td>
<td>10.6</td>
<td>12.4</td>
</tr>
<tr>
<td>Westborough</td>
<td>State</td>
<td>Westborough</td>
</tr>
</tbody>
</table>