

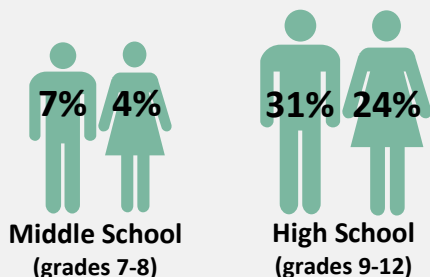
Electronic Cigarette Use among MetroWest Region Youth

Highlights from the 2016 MetroWest Adolescent Health Survey

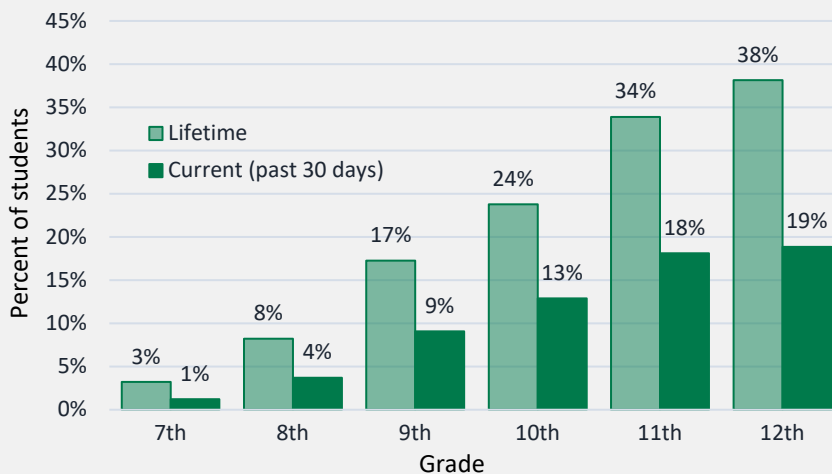
28% of high school youth and 6% of middle school youth have tried an electronic cigarette (e-cigarette) or other electronic vapor product.

E-cigarettes create a vapor by heating a liquid that may contain nicotine, flavors, and other chemicals.* This process is commonly known as vaping or juuling.†

More males than females have tried e-cigarettes.

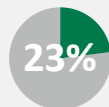


E-cigarette use increases substantially by grade.

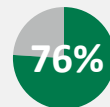


E-cigarette users are more likely to use other substances than nonusers.

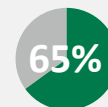
Among high school youth who currently use e-cigarettes:



smoke conventional cigarettes

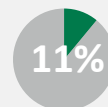
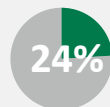
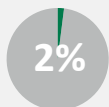


drink alcohol

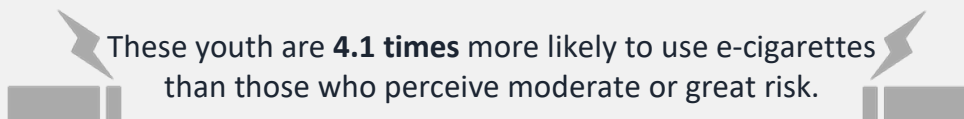


use marijuana

Among high school youth who do not use e-cigarettes:



52% of all high school youth perceive little or no risk of e-cigarettes.



Risks of e-cigarette use include nicotine addiction and exposure to other harmful chemicals. These risks are even greater for youth than adults because of their early stage of brain development.*