

MetroWest and Massachusetts Hunger Stats

Updated February 2018

Definitions

- **Food insecurity:** not having sufficient financial and supporting resources to access adequate and nutritious food on an ongoing basis
- **Low food security:** reports of reduced quality, variety or desirability of diet. Little or no indication of reduced food intake.
- **Very low food security:** reports of multiple indications of disrupted eating patterns and reduced food intake.

State and County Data

- Massachusetts (*source: Project Bread Status Report on Hunger in Massachusetts 2016*)
 - 10.3% of Massachusetts households are food insecure
- County level (*source: Feeding America 2015*)
 - Middlesex County
 - 8.7% food insecurity rate
 - 42% of food insecure households are not eligible for SNAP or other nutrition programs
 - Norfolk County
 - 8.6% food insecurity rate
 - 51% of food insecure households are not eligible for SNAP or other nutrition programs

Congressional Districts (*source: Feeding America 2015*)

- 2nd District
 - 11.3% food insecurity rate
 - 36% of food insecure households are not eligible for SNAP or other nutrition programs
- 4th District
 - 8.3% food insecurity rate
 - 50% of food insecure households are not eligible for SNAP or other nutrition programs
- 5th District
 - 8.6% food insecurity rate
 - 44% of food insecure households are not eligible for SNAP or other nutrition programs

School District Economically Disadvantaged Rates (source: MA Dept. of Elementary and Secondary Education 2016-2017)

District	Economically Disadvantaged*
Massachusetts	30.2%
MetroWest Average	13.6%
Ashland	12.1%
Bellingham	17.7%
Dover	2.7%
Framingham	32.4%
Franklin	8.2%
Holliston	6.9%
Hopedale	10.3%
Hopkinton	3.9%
Hudson	21.5%
Marlborough	32.9%
Medfield	4.1%
Medway	8.2%
Mendon/Upton	9.1%
Milford	31.6%
Millis	10.4%
Natick	9.8%
Needham	5.4%
Norfolk	6.2%
Northborough	9.7%
Sherborn	4%
Southborough	3.9%
Sudbury	5%
Wayland	4.7%
Wellesley	5.7%
Westborough	8%

*Economically disadvantaged is defined as participation in one or more of the following state-administered programs: Supplemental Nutrition Assistance Program (SNAP); Transitional Assistance for Families with Dependent Children (TAFDC); Department of Children and Families' (DCF) foster care program; and MassHealth (Medicaid).