



# FY 2018 Performance Report

The foundation has recently completed a five-year funding strategy that focused on improving health in the following areas: Access to Care, Adolescent Health, and Health Aging. In addition to these key initiative areas, the foundation also made investments to address the opioid crisis and responsive grants that improved the health of the region in different ways. This report summarizes the results of the recently completed five-year funding strategy (FY2013-FY2017) and the foundation’s work over the past fiscal year (October 1, 2017-September 30, 2018).

## Five Year Strategic Funding Summary (FY 2013 – FY 2017)

<i>Strategic Area</i>	<i>Number of Grants</i>	<i>Investment</i>
Access to Care	47	\$4,454,440
Adolescent Health	59	\$7,021,269
Healthy Aging	40	\$1,380,008
Opioid Crisis	8	\$234,182

## FY 2018 Grants and Scholarships:

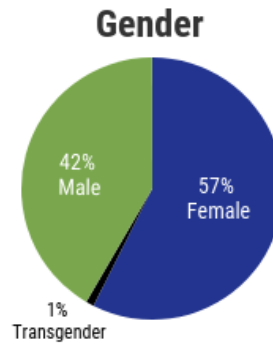
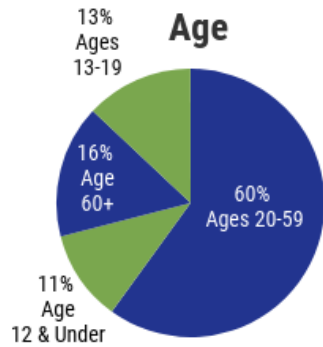
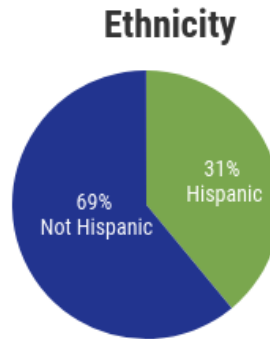
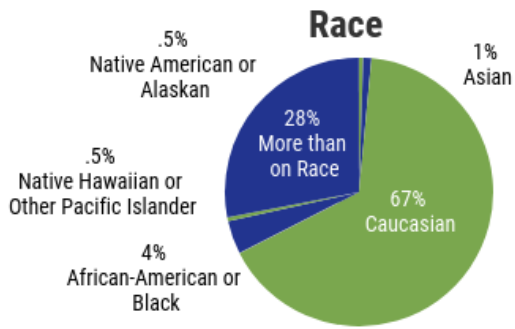
### Grant Summary

Total Grant Funding	\$5,151,118
Average Grant	\$80,500
Total Grants Funded	62

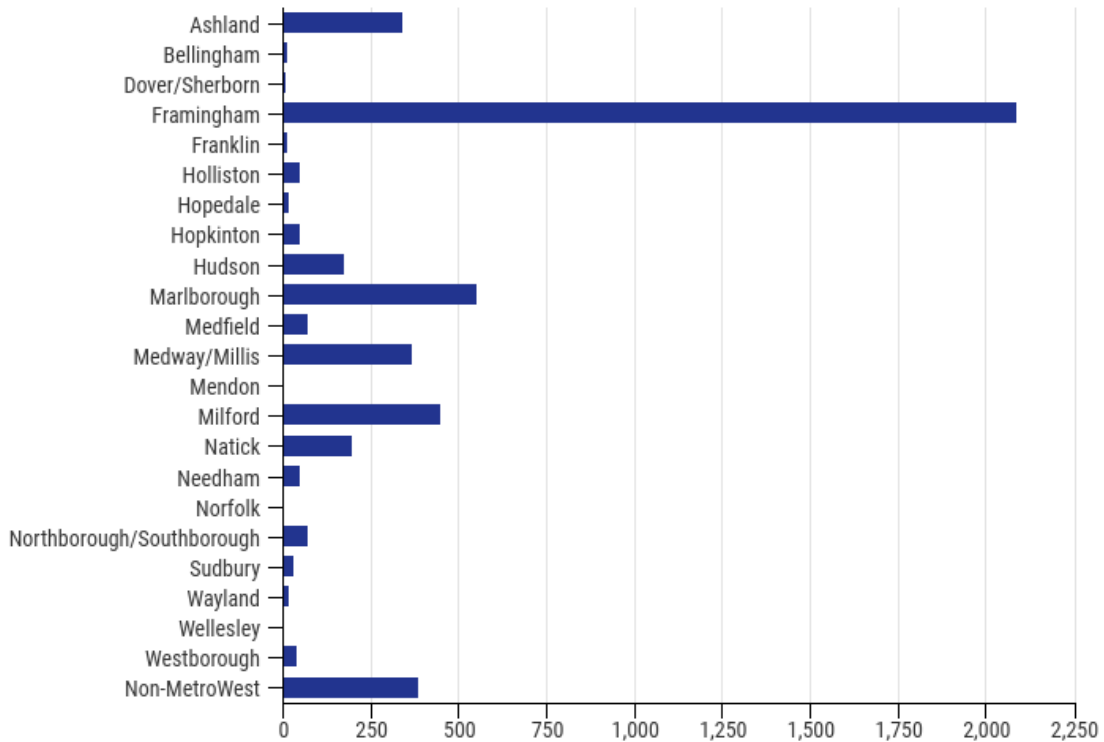
### Scholarship Summary

<i>Scholarship Type</i>	<i>Number Awarded</i>	<i>Total Amount Awarded</i>
Nursing	23	\$38,000
Medical/Clinical	13	\$23,000

# Demographics of Service Recipients as Reported by Grantees



## Residence



# FY 2012-2017 Strategic Funding Highlights

## Adolescent Health:

### **BRYT Program**

- School-based program that helps students with prolonged absences transition back to school successfully
- 18 foundation-funded programs (14 high school & 4 middle school)
- Grant to Brookline Community Mental Health Center to provide technical assistance to MetroWest programs

## Access to Care:

### **Latino Health Insurance Program**

- Patient navigators conducted outreach and helped complete insurance applications
- Nearly 6,000 MetroWest residents enrolled or re-enrolled in insurance
- Connected approximately 4,700 MetroWest residents to primary care, nutritional or other benefit programs

## Healthy Aging:

### **Caregiving MetroWest:**

#### **BayPath Elder Services**

- Website with comprehensive resources for family caregivers  
[www.caregivingmetrowest.org](http://www.caregivingmetrowest.org)
- Over 50,000 visitors since 2012
- In 2016 placed 2<sup>nd</sup> nationally for an Aging Innovation Award from the National Association of Area Agencies on Aging

## Opioid Crisis:

### **SMOC Peer Recovery Program**

- Peer Recovery Coaches provide customized support services for those with opioid use disorder
- Support includes harm reduction education; accessing detox and Medication Assisted Treatment
- Served 155 clients since 2016

# FY 2018 Program Highlights

## **Health Equity Workshop**

- One day training presented by Visions, Inc. offered twice
- Over 100 staff & volunteers of nonprofit & municipal agencies participated
- Focus on how racism impacts policies & community work

## **Women in Leadership Panel Discussion**

- Panelists: Diane Gould, Advocates; Toni McGuire, Edward M. Kennedy Community Health Center; Karen Voci, Harvard Pilgrim Health Care Foundation
- Focus on paths to leadership & issues unique to female leaders

## **Surviving & Thriving in Difficult Times**

- Dr. Michael Cummings from Babson College taught a day-long workshop
- Over 20 agency leaders participated
- Content focused on ways to anticipate challenges and plan ahead

## **Health Documentary Series**

- 6 films shown at the Morse Institute Library
- Expert panel followed each film
- Topics: Veteran's mental health; Prescription drug prices; Child vaccines; Water quality; Early childhood trauma; Transgender youth mental health

# FY 2018 Financial Snapshot

Current Assets as of 9/30/18	\$108,209,747
Total Grant & Program Expense	\$6,150,517
Grant-related & Administrative Expense	\$1,015,245
Administrative Expense as a Percent of Non-charitable Use Assets	1.02%
Administrative Expense as a Percent of Total Payout	21.71%
Investment Return as of 9/30/18	7%

## Moving Forward

The foundation recently unveiled its new funding strategy for the next five-year period (FY2019-FY2023). This new plan outlines a vision where **all residents of MetroWest live and thrive in resilient, healthy and equitable communities**. To achieve this vision, the foundation will shift from a programmatic focused approach to a more integrated, systems-change approach. The figure below highlights the core elements of this new plan. A summary of the plan can be found on our website at [www.mwhealth.org](http://www.mwhealth.org).

